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Speaking Topics and Retreats

Each topic or individual retreat message can be used alone or in a retreat setting.

Fan Into Flame *2 Timothy 1:1-9*

It is a known fact that we all deal with fear and discouraging times. Unfortunately these obstacles can keep us from being the women God created us to be. They can keep us from living out our God given purpose and glowing for Him. This message will inspire women to move past the obstacles by putting into action the very gift(s) God has called us to share. It will remind women of who they are in Christ and how they are uniquely gifted to glow for HIM!

Come to The Well *John 4:1-26, Mathew 28-30*

We all need rest and I don't just mean sleep. We need rest from trying to make life work. We need rest from the struggles of everyday life. We need rest from trying to figure life out. We need rest from working in our own effort. This message will invite woman to come to the well (just as they are) and exchange their burdens for true rest in Christ. It will encourage learning to live in the arms of The Father as He gracefully leads them through every stage of life.

Designed for Purpose *Jeremiah 18:1-6*

This is one of my favorite passages of Scripture on how God desires to mold and shape us into what is pleasing to Him. This message calls women to be moldable for God as He uniquely shapes each of us into a beautiful vessel. Through this message woman will see how God's design for them is unique and beautiful, and filled with His Glory.

Seven Ways to Deepen Your Prayer Life *James 4:8; Jeremiah 29:12-13*

This topic introduces seven personal applications for deepening your prayer life. It will encourage creating a special place for everyday devotions and prayer. It will also give ways to incorporate prayer into our everyday lives. In this message we will also discover the power in praying God's Word and incorporating praise into our time with God. (These are applications that I have personally used throughout my prayer life. This message has also been very well received and has lots of application for woman to apply to their everyday lives.)

Affirmed By God/Who Defines If You Are A Success? *Jeremiah 1:4-19*

We often let the opinions of others or even our opinion of self discourage us from fulfilling God's call on our lives. This message will encourage us to find our affirmation

in God. We will look at four ways God has not only affirmed us but empowered us to fulfill His purpose. (This is also a great message for ministry leaders.)

P.I.N.K Retreat (Princess In Need of a King)

Each of these topics are based off of the parable of The Prodigal Son (Luke 15:11-32)

- **A Princess By Grace**

This message reminds us that God is always waiting to receive us with open arms of grace and that even a taste of what He has for us is better than anything the world can offer.

- **Adorned by the King**

I'm sure that most women will admit they feel extra special when they have that perfect outfit on with beautiful matching accessories and the most eye catching shoes. Christ not only receives us with arms of grace but clothes us in the perfect outfit for living as a princess of the King.

- **Don't Miss The Kings Party!**

We ALL are invited to the Kings Party but unfortunately we can miss it! We can miss it for eternity, but we can also miss by just not understanding what God has saved us from. So often we miss that it's not about what we can do for God but what He has done for us.

Born 2 B-Free! (How to Live as a child of The Free Woman) Galatians 4-6

This is a powerful retreat that will present three Truth applications for living as a free woman. We often talk about the freedom we have in Christ but still many of us find ourselves living in bondage. We will look at God's Truth about how to live in FREEDOM.

1. **B-Free By Casting Out the Bond Woman!** Galatians 4:3-7; 22-31

2. **B-Free by Loving Others** Galatians 5:13-15; Galatians 6:2

3. **B-Free by Living In the Spirit** Galatians 5:16-18; Romans 8:5-13

Seek and Find (A retreat on prayer)

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Seven Ways to Deepen Your Prayer Life James 4:8; Jeremiah 29:12-13

This topic introduces seven creative applications to deepen your prayer life. It will encourage creating a special place for everyday devotions and prayer. It will also give ways to incorporate prayer into our everyday lives. This message will also give the

insight to the power of praying God's Word and incorporating praise into our time with God. (This has been very well received and has lots of application for woman to apply to their everyday lives.)

Keep on Knocking *Luke 11:5-13*

This message will encourage us to keep knocking and to not give up. God says to ask, seek and to keep knocking. We will look at the truths of the scripture and the discouragements that cause us to lose hope. We will also be reminded that we have a Father that desires to give us good gifts and to answer when we call on Him.

Embracing the Total Woman **A retreat just for women!**

Three messages that will empower us to embrace the total woman through God's Truth. We will discover God's truth about who we are instead of the lies we've settled for. We will learn how to embrace God's unique design and purpose for our lives, as He intimately shapes us into a beautiful vessel pleasing to Him. We will also see how to embrace our destiny with hope and assurance that God is divinely involved.

- **Embracing God's Value for You** *Psalm 139; Mathew 10:30-31*
- **Embracing God's Design for You** *Jeremiah 18:1-6 (same message as "Designed for Purpose)*
- **Embracing God's Destiny for You** *Hebrews 12:2; 2Cor. 1:21-22*